



# PARTICIPATION AGREEMENT & CODE OF CONDUCT for Athletes and Parents/Guardians

## Team Values

Our B-CC Crew Team values are simple:

- **Work hard to go fast**
- **Stick together no matter what**
- **Care more about each other than we do about ourselves.**

These values are key to all the responsibilities and obligations that each athlete has to him or herself, the team, coaches, competitors, and all those they come into contact with while practicing their sport.

This agreement outlines the specific expectations and procedures that follow from these values. Each athlete and one parent/guardian must read, sign, and return this document as part of a complete registration packet, to affirm that they understand and commit to all the terms in this agreement and code.

**Coaches will not allow an athlete to practice, race or otherwise participate in B-CC Crew until the signed acknowledgment form has been returned to the B-CC Crew administrator (administrator@bcccrew.org).**

## GENERAL CONDUCT

### Respect for Our Team and Others

**Team members are representatives of Bethesda-Chevy Chase High School and B-CC Crew at all times, including at practices, at competitive events, on team trips, and at any other team events or functions.** Team members are expected to act responsibly and ethically; to observe all policies, including rules about student driving; to observe all safety and security rules on the

Metro when commuting to practice; to respect property; and to act in accordance with the directives of the coaches, chaperones, and other persons of authority. Team members are expected to exhibit good sporting behavior and to maintain a polite and respectful manner to all persons in all situations, in person and online.

**Disrespect, abuse or improper behavior involving a teammate, a coach, a parent, a member of another team or a member of the B-CC community will not be tolerated and may establish the grounds for removal from the team.** All team members are expected to be familiar with the standards of behavior included in this Code of Conduct, and any referenced in A Student's Guide to Rights and Responsibilities in Montgomery County Public Schools ("Student's Guide"), as they may be revised from time to time. Any behavior contrary to ethical, legal, and appropriate conduct standards, as set out in any B-CC Crew or any MCPS policies or rules, including any countywide disciplinary infraction referenced in the Student's Guide may provide the basis for suspension or removal from the team. The B-CC Head Coach, in consultation with the Board of Directors of B-CC Crew, has the ultimate authority over all questions of discipline arising out of any infraction.

**Parents are expected to show respect for team members, coaches, opposing team members and coaches, race officials, and other parents and spectators.** They also are expected to volunteer to support the team. Parents should respect the informed decision-making of the coaches regarding participant qualifications, practice assignments, and boat and seat placement. Parents should conduct themselves appropriately and never use foul or abusive language with anyone in any way connected to the B-CC Crew community and its activities. Parents should be familiar with the rules of the competition and are expected to respect the integrity and judgment of race officials at all times. If a parent feels a need to communicate

### Transmissible Pathogen Spread Policy - new in 2020, updated in 2021

The following procedures have been established during the COVID-19 pandemic to promote the safety of athletes, coaches, and volunteers during practices and other B-CC Crew activities. B-CC Crew will modify these procedures as needed, including to reflect changing circumstances. Athletes and their parents/guardians will adhere to these requirements, and the direction of the coaches to ensure that these measures are observed, and cooperate in their implementation and enforcement.

Athletes and their parents/guardians acknowledge that they have received information on all of the following which are available at [www.bcccrew.org/resources](http://www.bcccrew.org/resources) and linked here:

- [What you should know about COVID-19 to protect yourself and others](#)
- [Share facts about COVID-19](#)
- [Multisystem Inflammatory Syndrome in Children \(MIS-C\)](#)
- [COVID-19 Frequently Asked Questions from the Maryland State Health Department.](#)

#### Each athlete must:

- Adhere to social-distance requirements outside of practice and B-CC Crew activities.
- Maintain PPE (Personal Protective Equipment), including masks and, for coxswains face shields/wraparound eye protection).
- Submit a completed "B-CC Crew COVID-19 Pre-Screening Form"([link](#)) before each practice.
- Arrive on time for practice
- Have their temperature taken upon arrival at practice. Leave immediately and go home directly if they have a fever ( $\geq 100.4$  degrees F)
- Leave practice immediately, stay physically distanced from others, and go home directly if they begin feeling sick during practice
- Stay home if they feel sick or have COVID-19 symptoms and consult with their health-care provider.
- Stay home and advise the B-CC Crew Board President if they or anyone in their household:
  - is waiting for the results of a COVID-19 test.
  - has been diagnosed with COVID-19, or
  - has been instructed by any health-care provider or the health department to isolate or quarantine.

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## Transmissible Pathogen Spread Policy *continued from previous page*

- Stay home if they:
    - have had close contact (within 6 feet for at least 15 minutes) with anyone diagnosed with COVID-19 or suspected of having COVID-19 in the past 14 days,
  - Provide clearance from their health-care provider to return to practice if they have a documented case of COVID-19 and submit a signed copy of the Return to Play Clearance Form: COVID-19 Infection to the B-CC Board President.
  - After returning from travel from Maryland to any state (other than Virginia, Delaware, Pennsylvania, and West Virginia and not including D.C.) or another country, either:
    - (1) self-quarantine for 14 days, or
    - (2) self-quarantine until they get tested for COVID-19 (within three to five days after returning) and have received a negative COVID-19 PCR result.
  - Follow Thompson Boat Center's (TBC) COVID-19 safety protocols
  - Wear a mask at practice (except when erging or briefly, when in a boat, to hydrate).
  - Follow greater-than-6 feet social distancing protocols whenever possible at practices and activities.
  - In onland settings, stay completely apart (at least 25 yards away from) any athlete who is not a member of their boat pod.
  - When practicing on land, keep their personal belongings with them at all times.
  - When practicing on the water, leave personal items at home or in the car; any small, essential items must be put in an individual ziploc bag and kept in a secure place by the coaches during practice.
  - Wash their hands often with soap and water for at least 20 seconds especially after using the restroom, after blowing their nose, coughing, or sneezing. Sanitize their hands upon arriving at practice (using hand sanitizer containing at least 60% alcohol) and regularly apply hand sanitizer during practices.
  - Always cover their mouth and nose with a tissue when coughing, or sneezing or use the inside of their elbow.
  - Throw used tissues in a trashcan or appropriate designated receptacle.
  - Thoroughly clean any team equipment used at practices, using approved disinfectants provided by B-CC Crew or TBC.
- Athletes shall not:**
- Come to practice or other B-CC Crew activities if they are sick or think they are sick.
  - Cough, sneeze, spit, or expel (or otherwise cause contact of) any form of bodily fluids or secretions onto another person.
  - Purposefully interfere with the usage of another student's mask or other PPE.
  - Remove their masks or other PPE with the intention to eject fluids onto another person.
  - Congregate with other B-CC Crew athletes before and after practice
  - Intentionally encroach on another athlete's or coach's social distance perimeter. This includes not hugging, shaking hands, or bumping fists, or huddling as a team or group.
- Share water bottles, food, towels or the equivalent with others.
  - Spit.
  - Shout.
  - **Make jokes about doing any of the above.**
- Parents must ensure that their athletes comply with the safety procedures, including by:**
- Adhering to social distancing requirements before and after practices, other B-CC Crew activities, and at other events and activities.
  - Ensuring that the "B-CC Crew COVID-19 Pre-Screening Form" for their athlete is completed accurately before every practice and that otherwise their athlete is healthy and prepared for practice.
  - Ensuring that isolation and quarantining requirements are observed if the athlete or someone else in the athlete's boat pod tests positive for COVID-19 or if the athlete otherwise comes into close contact with an infected person.
  - Assisting with contract-tracing in the event it becomes necessary
  - Delaying non-essential family travel until the season ends. In the event of travel, ensuring that their athlete, after returning from any state (other than Virginia, Delaware, Pennsylvania, and West Virginia and not including D.C.) or another country, either:
    - (1) self-quarantine for 14 days, or
    - (2) self-quarantine until they get tested for COVID-19 (within three to five days after returning) and have received a negative COVID-19 PCR result.
- Parents will not:**
- Attend practices.
  - Leave their vehicles during pick-up and drop-off for practices.

a concern regarding his or her child, a coaching decision or another rowing matter, the parent should contact the President in the first instance, who will help to resolve the matter. On race day, parents should be respectful of the need for athletes and coaches to focus on racing, and for safety reasons stay clear of the boathouse, boat racks, and dock area.

## Drug, Alcohol, and Tobacco Policy

Alcohol and illegal drug use is strictly forbidden for all athletes participating on our team. Substance abuse runs completely contrary to both the wellbeing of our athletes and the spirit of the sport. Coaches are the primary enforcers of this team policy and are responsible for addressing violations directly with the athletes. The coaches have discretion in determining the consequences that violators will face.

## Academic Eligibility Policy

**Students must always strive to be in good academic standing while a member of the team.** Students must attend all their scheduled classes in order to participate in a practice or race on that day. If the principal or designee grants an excused absence in advance for a prescheduled activity, or an unforeseen emergency, the student may participate on that day.



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**A student may not participate in a practice or race when he/she is serving an in- school or out-of-school suspension.** The student becomes eligible to participate in team activities on the next school day following the suspension. A student may be suspended or removed from the team for excessive unexcused absences from school.

### Inclusion Policy

The B-CC Crew team follows the official MCPS policy on inclusion, as follows:

1. All students who achieve fundamental eligibility criteria established by the Maryland Public Secondary Schools Athletic Association (“MPSSAA”) and Montgomery County Public Schools (“MCPS”) may try out for MCPS interscholastic athletic teams.
2. Eligibility criteria are included in the MPSSAA Handbook and the MCPS High School Athletics Handbook.
3. Our team shall provide reasonable accommodations to students with disabilities.
4. A student may be excluded from trying out for or participating in a sport if it is determined that the student’s participation will cause danger (for the student or for other students), creates significant safety concerns (for the student or other students), competitive imbalances, or requires accommodations that fundamentally alter the nature of the sport.

### Thompson Boat Center & Other Practice or Racing Sites

Team members shall obey the rules of Thompson Boat Center and other marinas, clubs and facilities the team visits and shall refrain from any conduct disruptive to the facility or other participants/visitors.

### Safety Guide

Students and parents must read the B-CC Crew Safety Guide on the B-CC Crew website and comply with all safety rules and procedures. **Full compliance with all safety rules and procedures is a necessary part of the sport of rowing and is a condition for participation on B-CC Crew.**

### School Residency Policy

B-CC Crew requires that all team members attend Bethesda-Chevy Chase High School.

### Fundraising Commitment

**As a club sport, B-CC Crew receives no financial support from the school or the county school system.** Thus, the responsibility to run a safe, well-supervised, and competitive program rests with B-CC Crew Boosters, Inc.. Each team member of each team family is expected to participate fully in the fundraising events planned for the season, including but not limited to Holiday Wreath and Candle Sales and Raffles. Parents of students who do not participate in each of the fundraising events planned for the season, including but not limited to Holiday Wreath and Candle Sales and Raffles, will be asked to contribute an appropriate amount toward those team fundraisers.

### Volunteering Commitment

**Volunteerism is the cornerstone of B-CC Crew’s success.** Without parents, competitive scholastic racing would not exist. A wide range of volunteer jobs is available throughout the year and each family’s help is needed. Each team family must commit to volunteer jobs throughout both the fall and spring seasons. In addition, each family is expected to make several contributions of food, supplies and/or services at regattas and team dinners.

## PARTICIPATION AGREEMENT AND CODE OF CONDUCT ACKNOWLEDGEMENT

Please returned completed acknowledgement to [administrator@bcccrew.org](mailto:administrator@bcccrew.org).

The undersigned parent/guardian and athlete state that:

- We have read the B-CC Crew Participation Agreement and Code of Conduct and understand its terms, conditions, and standards.
- We agree to abide by the terms, conditions, and standards of the B-CC Crew Participation Agreement and Code of Conduct
- We understand it is our responsibility to be aware of and adhere to the additional standards, rules, and requirements set forth by B-CC Crew as the season(s) progress and as circumstances may dictate.

Student Printed Name

Grade

Student Signature

Date

Parent/Guardian Signature

Date